



kathak

@

'BUOYANCEE'™

**DANCE is an experience of feeling the oneness of
BODY, MIND and SOUL**

**It is about EXPRESSION and MOVEMENT of the body that can portray even
the slightest detail of nature's creations by generating
IDEAS and EMOTIONS.**

**Be CONFIDENT, GRACEFUL and VERSATILE
through Kathak @ Buoyancee.**



'Blend with YOUR SELF' and see the Stress melt...

CONTACT : 26549009, 26548972 to know more details... NOW!

One of the forms of Indian classical dances is KATHAK

The name Kathak is derived from the Sanskrit word katha meaning story, and kattrhaka in Sanskrit means a person who tells a story, or to do with stories. The name of the form is properly kattrhak, but this has since simplified to modern-day kathak.

Kathak is widely spread and well known for its grace and versatility, it is pronounced by the elegance and beauty of its movement and expression.

This art form has been passed from generation to generation in order to preserve India's rich culture and values.

There are various characteristics that enunciate the beauty of Kathak in a significant manner. One such element is the GHUNGROO.

Ghungroos are used to emphasize the rhythmic patterns produced by the feet. They enhance the feel of the movements and play a very important role in dance.



Dance helps in regulating clarity of thought,
concentration and self-awareness.

Experience in person to feel the beauty!!!

'Blend with YOUR SELF' and see the Stress melt...

Venue:

Buoyancee, Jayanagar, Near Ganesha Temple

Classes to be held twice a week on Week days

Fees: 600/- Per month